

City of Torrance

5-0 and on the go!

Promoting fitness, fun, and friendships

MAY/JUNE 2015





TORRANCE TRAVELERS

On the go again!

Please join us for the following Summer 2015
excursions designed for those 50 years of age and over:

New Tour!

GLENDALE CENTRE THEATRE



Sunday, July 19, 2015

Torrance resident fee: \$98.00

LEAVES FROM WILSON PARK at 11:00 a.m.

Non-resident fee: \$108.00

RETURNS at approximately 6:30 p.m.

Celebrating more than 65 years in show biz, the *Glendale Centre Theatre* is quite possibly the best-kept secret in Town! In 1947, Ruth and Nathan Hale rented a small building and launched their dream! Although their opening night had an audience of just six, today the New Orleans style theatre house continues to sell out its 440 seats to theatre-goers of all ages! Our first stop of the day will be for lunch at the *Tam O'Shanter*, the original member of the Lawry's Restaurants, Inc. At *the Tam* we'll each have our choice of Crown Roast Beef served with creamed spinach; Breast of Chicken served with fresh vegetables; or Filet of Sole with Lemon Butter Caper Sauce served with fresh vegetables. All entrees include mashed potatoes, house salad, English Trifle, and beverage. After lunch we'll head over to the *Glendale Centre Theatre* for an afternoon of great live stage entertainment featuring the hit show, *9 to 5*, where three women—an overworked office manager, a jilted wife, and an objectified secretary—conspire to depose their smarmy boss and begin making woman-friendly changes in the workplace. Based on the 1980 hit movie *9 to 5*, Dolly Parton's music is sensational, the story clever, and the entire afternoon is as fun and entertaining as any show the *Glendale Centre Theatre* has ever done!

New Tour!

SANTA BARBARA BY LAND AND SEA

Thursday, August 20, 2015

Torrance resident fee: \$95.00

LEAVES FROM WILSON PARK at 7:30 a.m.

Non-resident fee: \$105.00

RETURNS at approximately 6:00 p.m.

Take a bite out of Santa Barbara on our land and sea adventure! Our day will begin with a drive up the coast to the beautiful coastal town of Santa Barbara. Upon arrival, we'll climb aboard the City's original amphibious vehicle, *THE LAND SHARK*, for a personally narrated 90-minute land and sea adventure. Beginning at Stern's Wharf, we'll wind our way through the enchanting streets of Santa Barbara. We'll see historical landmarks as we learn about the City's past, present, and future. The adventure continues as we splash down into the blue Pacific waters of Santa Barbara Harbor. We will see luxurious private yachts, commercial fishing boats, and hear the maritime legends of Stern's Wharf while discovering the abundant marine mammals and sea life that inhabit the ocean. After the tours, we'll be treated to lunch at the *Santa Barbara FisHouse*. Located on Santa Barbara's pristine waterfront, the *FisHouse* offers some of the Central Coast's finest seafood. The remainder of the afternoon is ours to explore the shops and boutiques that line Santa Barbara's famous State Street. We'll return home as we watch the sun setting over the Pacific.



New Tour!

MIRACLE WORKERS

**September 2015****Torrance resident fee: TBA****LEAVES FROM WILSON PARK at TBA****Non-resident fee: TBA****RETURNS at approximately TBA**

Meet the *miracle workers* on this tour! According to research, every 11 minutes a person in the United States loses their sight, often as part of the aging process. But thanks to modern technology, living is becoming easier for the hearing impaired. We begin our day at the *Braille Institute*, a service organization for blind and visually impaired adults. On the tour led by visually impaired guides, we'll see students attending classes and learning to live with their impairment. There's also the library where we'll have a chance to learn the basics of Braille and see how braille is actually done when we visit the publishing department. After our tour of the Braille Institute we'll head over to Universal Citywalk's *Saddle Ranch Chop House* for a buffet lunch. We'll get to toast marshmallows and make our own s'mores for dessert! We'll spend the rest of the afternoon visiting Guide Dogs of America. For more than 50 years, Guide Dogs of America has bred, raised, and trained some of the world's most dedicated dogs and matched them with blind people of all ages. On our tour of the 7-acre campus, we'll learn how the loving, working partnership of dog and human develops. Donations to both the Braille Institute and Guide Dogs of America are included on behalf of your group.

Register for SUMMER 2015 excursions on:**Friday, June 5, 2015****9:00 to 11:00 a.m.****Ken Miller Recreation Center****3341 Torrance Boulevard in Torrance****(Near Madrona and Torrance Blvd. behind the Torrance Plunge)****Torrance resident registration begins at 9:00 a.m.****Non-resident registration begins at 10:00 a.m.****Payment may be made by check or credit card only!****Sorry, we cannot accept cash.****Please make checks payable to the *City of Torrance*.**

For openings after June 5, 2015 or for cancellations, please call 310/618-2720.

For tour information, please call our Tour Information line at 310/618-2468.

GETTY VILLA in MALIBU

Thursday, May 14, 2015**Torrance resident fee: \$73.00****LEAVES FROM WILSON PARK at 10:45 a.m.****Non-resident fee: \$83.00****RETURNS at approximately 5:30 p.m.**

The *Getty Villa* in the Pacific Palisades neighborhood of Los Angeles, is one of two locations of the J. Paul Getty Museum. The Getty Villa is modeled after a first-century Roman country house, the Villa dei Papiri in Herculaneum, Italy. The building was constructed in the early 1970's by architects who worked closely with J. Paul Getty to develop the interior and exterior details. Gardens are integral to the setting of the Getty Villa, as they were in the ancient Roman home, and include herbs and shrubs inspired by those grown in ancient Roman homes for food and ceremony. The Getty Villa is an educational center and museum dedicated to the study of the arts and cultures of ancient Greece, Rome, and Etruria. The collection has 44,000 Greek, Roman, and Etruscan antiquities dating from 6,500 BC to 400 AD, including the *Lansdowne Heracles* and the *Victorious Youth*. The Villa also has jewelry and coin collections, and an extensive 20,000 volume library of books covering art from these periods. We'll have lunch on the Santa Monica Pier at *Rusty's Surf Ranch*. We'll be treated to a delicious family-style meal of Penne Pasta with Meat Sauce, Chicken Picatta, Roasted Potatoes, Vegetables, Salad, Dessert and Beverage.



CAMARILLO RANCH and SANTA MARIA BBQ



Wednesday, June 24, 2015

Torrance resident fee: \$98.00

LEAVES FROM WILSON PARK at 9:30 a.m.

Non-resident fee: \$108.00

RETURNS at approximately 6:00 p.m.

Spend a summer day in beautiful Camarillo. It begins with a visit to the historic Camarillo Ranch. The centerpiece of the ranch is a beautiful 1892 Queen Anne Victorian mansion. The estate was the longtime residence of the City's founder, Adolf Camarillo and his family. Upon arrival at the ranch, we'll be joined by a docent who will take you on a guided tour of this registered historic landmark which has been fully restored to 1930's splendor. We'll have a chance to stroll through the beautifully manicured gardens, which are filled with plants from around the world. As the tour concludes, we'll start to smell the smoky fragrance of the authentic Santa Maria BBQ lunch being prepared especially for us. Santa Maria-style barbecue is a regional culinary tradition rooted in the Santa Maria Valley on the Central Coast of California." Santa Maria-style barbecue features beef tri-tip, seasoned with black pepper, salt, and garlic salt before grilling over coals of native coast live oak wood. Our Santa Maria-style BBQ lunch menu includes: Barbecued Tri-Tip Steak or Chicken; Grilled Corn on the Cob; Ranch House Beans; Tossed Green Salad; Grilled Garlic Bread; Dessert; and Coffee, Tea or Lemonade. We'll enjoy this special treat at tables set up in the rustic red barn at the ranch. After lunch, we'll spend the remainder of the day bargain hunting at the Camarillo Premium Outlets. Here we'll find almost every designer brand and label at deeply discounted prices.

CALENDAR OF EVENTS

What's going on? Mark your calendars for these upcoming events!

May 9 9:30 a.m. – 2:30 p.m.	16th Annual Senior Faire "Get Into the Act!"	Ken Miller Recreation Center 3341 Torrance Blvd. in Torrance
May 15 - 17	56th Annual Armed Forces Day Celebration	Various events throughout the weekend! Stay tuned for more information regarding the 2015 weekend's events!
May 16 1:30 – 3:30 p.m.	56th Annual Armed Forces Day Parade	Along Torrance Blvd. between Crenshaw Blvd. and Madrona Ave.
June 5 9:00 – 11:00 A.m.	Torrance Travelers Tours Registration	Ken Miller Recreation Center 3341 Torrance Blvd., Torrance

FRIDAY RECREATION CENTER SENIORS

Ken Miller Recreation Center - - - - 3341 Torrance Blvd.

Fridays only * (Near Madrona and Torrance Blvd., behind the Torrance Plunge)

Intermediate Cardio Salsa * 9:25 - 10:55 a.m.

Fee: \$39.00/Semester (spring term 3/23/15 -6/12/15)

Engage in an aerobic work-out while learning new dance steps and routines for physical fitness and performance. This class is for those who have taken Beginning or who have some experience in Latin or ballroom dance.

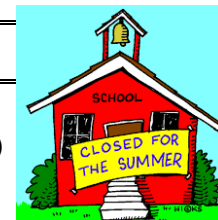
Beginning Cardio Salsa * 11:05 a.m. - 12:35 p.m.

Fee: \$39.00/Semester (spring term 3/23/15 -6/12/15)

Roland teaches you salsa, meringues, and line dancing all in this terrific aerobic work-out!

Classes are offered in cooperation with Torrance Adult School Older

Adult Program (310/533-4689) and the City of Torrance Community Services Department.



HERMA TILLIM SENIOR CITIZENS CENTER

Due to the renovation project in McMaster Park, the Tillim Center Senior Citizens Program has been temporarily relocated to the *South Bay Church of God*, at 17661 Yukon Avenue in Torrance.

310/ 329-1889

Please Note New Program Hours:

Tuesdays, Wednesdays, and Thursdays ☺ 9:00 a.m. to 3:00 p.m.

TUESDAY	9:00 a.m. - 3:00 p.m.	BRIDGE AND TABLE GAMES
	9:30 - 11:30 a.m.	TORRANCE LOVING CARE "TLC" Greeting cards workshop 1 st Tuesday of the month.
	10:00 a.m.	KNITTING, CROCHETING, AND CRAFTS 3 rd Tuesday of the month
WEDNESDAY	9:30 a.m.	WIRE WRAPPING 2 nd and 4 th Tuesdays of the month
	9:00 a.m. - 12:30 p.m.	PINOCHLE AND TABLE GAMES
	9:30 a.m.	GENTLE FITNESS AND CHAIR DANCING
1st WEDNESDAY of the MONTH	12:30 - 3:00 p.m.	MOVIE MATINEE
THURSDAY	9:00 a.m. - 3:00 p.m.	CENTER IS OPEN
	12:30 - 3:00 p.m.	BINGO – Play Bingo with friendly people. We have a very nice group, and a great caller! Please bring a canned good or non-perishable item worth \$1.00



WALTERIA PARK SENIOR CITIZENS CENTER

3855 W. 242nd Street – 310/378-3862

MONDAY 12:00 noon to 4:00 p.m. * Table Games and Pinochle *

THURSDAY 12:00 noon to 4:00 p.m. * Table Games and Bridge *

Coffee and cookies always just 30¢!

Come spend some time with us Mondays and Thursdays! How about a game of Hand and Foot? It's a super fun card game and we're looking for players. We'll show you how! We have a friendly group of Pinochle and Bridge players and you can jump right into the game! Drop in any Monday or Thursday afternoon!

TILLIM MOVIE MATINEE! Join us for movies at South Bay Church of God

17661 Yukon Avenue, Torrance – 310/329-1889

First Wednesday of Each Month at 12:30 p.m.

May 6, 2015: *The Odd Life of Timothy Green*

Rated PG for mild thematic elements and brief language.

FEATURING : Jennifer Garner, Joel Edgerton, and CJ Adams



June 3, 2015: *Sunset Boulevard*

Not Rated

FEATURING: William Holden, Gloria Swanson, and Erich von Stroheim

Movie for July: *The Great Gatsby*

BARTLETT SENIOR CITIZENS CENTER

1318 Cravens Avenue 310/320-5918

HOURS: MONDAY through SATURDAY – 8:00 a.m. to 4:00 p.m. SUNDAY - 12:30 to 4:00 p.m.

Hot, nutritious lunches served MONDAY through FRIDAY at 11:30 a.m. for the low cost of \$2.50. Please make reservations at least 24 hours in advance. If you need to cancel, please call so that others may take your place.

Card Games, Table Games, and Pool playing all day, every day, plus the following scheduled activities:

MONDAY	8:05-9:35 a.m.	“Fitness Difference for Seniors” Fee: \$55.00/Semester (3/23/15 -6/12/15) Co-Sponsored by Torrance Adult School - Older Adult Program (310/533-4689)
	9:30 a.m.-12:30 p.m.	Lapidary Workshop Wrap-around Safety Glasses are Required!
TUESDAY	9:00 a.m.-12:00 noon	Shuffleboard
WEDNESDAY	8:05-9:35 a.m.	“Fitness Difference for Seniors” Fee: \$55.00/Semester (3/23/15 -6/12/15) Co-Sponsored by Torrance Adult School - Older Adult Program (310/533-4689)
	9:00 a.m.-3:00 p.m.	Beadwork Workshop
	12:00 noon	Crochet Workshop
THURSDAY	9:00 a.m.-12:00 noon	Shuffleboard
	9:00 a.m.	Ceramics Workshop
	9:30 a.m.-12:30 p.m.	Lapidary Workshop Wrap-around Safety Glasses are Required!
	12:30 p.m.	Thursday Afternoon at the Movies
FRIDAY	8:05-9:35 a.m.	“Fitness Difference for Seniors” Fee: \$55.00/Semester (3/23/15 -6/12/15) Co-Sponsored by Torrance Adult School - Older Adult Program (310/533-4689)
	9:30-11:30 a.m.	Crafts, Knitting, and Crocheting Workshop
	12:30-2:30 p.m.	Seniors Open Discussion Group
SATURDAY	9:00 a.m.-12:00 noon	Shuffleboard
	9:00 a.m.	Bridge and assorted table games are played
	9:30 a.m.	“The Swinging, Singing Seniors” Newcomers WELCOME!
	9:30-11:00 a.m.	South Bay Strummers Ukulele Group
	12:30 p.m.	Saturday Afternoon at the Movies
SUNDAY	12:30-4:00 p.m.	Bartlett Center is Open! Drop on in!



Special Notes: Legal Advice is available by appointment on the first Tuesday of the month at 11:00 a.m. and the third Tuesday of the month at 1:30 p.m. Please call 310/320-5918 to make an appointment.

HICAP (Health Insurance Counseling and Advocacy Program) - Counselor Doris Herzog provides free assistance with Medicare and other health insurance information on the first and third Wednesday of each month.

Please call 310/320-5918 to make an appointment.



Torrance Loving Care "TLC" Tuesdays

First Tuesdays ~ 9:30 - 11:30 a.m.

South Bay Church of God, 17661 Yukon Avenue, Torrance

310/320-1889

Join our monthly crafts workshop on the first Tuesday of each month and create greeting cards, which are sent to many helping organizations including Children's Hospital, women's shelters, Veteran's Hospital, and our men and women serving in the Armed Forces.

Happy Father's Day



THURSDAY AND SATURDAY MATINEES!
FREE MOVIES AND POPCORN
BARTLETT CENTER CONFERENCE ROOM AT 12:30 P.M.



April 30 and May 2

The Cowboys

Rated PG

John Wayne
Bruce Dern
Colleen Dewhurst

May 7 and 9

The Thin Man

Not Rated

William Powell
Myrna Loy
Maureen O'Sullivan

May 14

**Bartlett Center is Closed
for the Armed Forces Day
Parade on May 16**

The Odd Life of Timothy Green

Rated PG for mild thematic
elements and brief language.

Jennifer Garner
Joel Edgerton
CJ Adams

May 21 and 23

Girl in Progress

Rated PG-13 for mature thematic
elements, sexual content including crude
references, and drinking - all involving teens.

Eva Mendes
Matthew Modine
Cierra Ramirez

May 28 and 30

Damsels in Distress

Rated PG for mature thematic content
including some sexual material.

Greta Gerwig
Adam Brody
Analeigh Tipton

June 4 and 6

Fool's Gold

Rated PG-13 for action violence, some
sexual material, brief nudity, and language.

Matthew McConaughey
Kate Hudson
Malcom-Jamal Warner

June 11 and 13

Sunset Boulevard

Not Rated

William Holden
Gloria Swanson
Erich von Stroheim

June 18 and 20

Boy

Not Rated

James Rolleston
Te Aho Eketone-Whitu
Taika Waititi

June 25 and 27

The Great Gatsby

Rated PG-13 for smoking,
partying, and brief language.

Leonardo DiCaprio
Tobey Maguire
Carey Mulligan

SEATING IS LIMITED TO 25 PEOPLE - NO RESERVED SEATS - DOOR OPENS AT 12:00 NOON!
FEATURED FILM SELECTION IS SUBJECT TO CHANGE DUE TO AVAILABILITY!





SEA-AIRE SENIOR CITIZENS GOLF CLUB

Sea-Aire Park - 22730 Lupine Drive – 310/543-4653 - 9 holes

Meets Every FRIDAY from 8:30 to 11:00 a.m.

Upcoming general meetings are May 1 and June 5, 2015

If you are a senior and would enjoy getting out for a morning of “pitch and putt” competition and good fellowship, come on out and see what we have to offer!

Results of the 2015 *Best Two Out of Three* Tournament

Team	Gross Score	Less 2/3 of Combined Handicaps	Net Score
Rim, Campis, and Choi	113	22.6	90.4
Brown (George), Dickert, and Saunders	118	22.6	95.4
Norris, Bragg, and Shofner	118	21.3	96.7
Baird, Maes, and Nitchman	118	20.0	98.0
Powell, Anastassiou, and Ozell	123	24.6	98.4
Flannigan, Barber, and Neureither	127	24.0	103.0
McGee, Ko, and Sturges	128	21.3	106.7
Fields, Thompson, and Holzman	131	24.0	107.0
Paskal, Dossa, and Brown (Ginger)	132	22.6	109.4
Hayes, Reid, and Eby	137	20.6	116.4



DID YOU KNOW?

The **KEEP-SAFE Coalition** is a non-profit organization based in the South Bay. Established in 2000 with volunteers from social services, law enforcement, and financial institutions, our mission is to heighten awareness and help community members recognize, prevent and stop elder financial abuse. We do this by providing free presentations to groups of seniors and community organizations. These talks include descriptions of scams, identity theft and internet fraud and how to avoid becoming a victim of these crimes. We also provide a list of reference phone numbers so that these crimes can be easily reported. All attendees of our free presentations receive a print out with valuable information for preventing and reporting financial fraud.



FOCAL POINT PROGRAM

The Focal Point on Aging is an information and referral program where older adults, caregivers and their families can obtain ready access to a full range of available services including: transportation, housing, Meals-On-Wheels, health care, companion care, Medicare, social and legal services, HMOs and more.

Focal Point is open Monday through Friday from 9:00 a.m. to 3:00 p.m.

For more information, call 310/320-1300 or 310/320-5918